CRRN Review Course March 31 - April 1, 2017



Rancho Los Amigos National Rehabilitation Center

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Rehabilitation Center

7601 E. Imperial Highway Downey, CA 90242

Phone: 562.385.7911 Fax: 562.803.6231 www.rancho.org

# Rancho Los Amigos National Rehabilitation Center &

The Los Angeles/Orange County Chapter of the Association of Rehabilitation Nurses Presents

CRRN Review Course: A Comprehensive Review

March 31 - April 1, 2017





### Location

Rancho Los Amigos National Rehabilitation Center Support Services Annex (SSA) 7601 E. Imperial Highway Downey, CA 90242

### **Course Description**

This intensive two day course is designed for registered nurses who plan to take the Certified Rehabilitation Registered Nurse Examination or as a refresher course for current CRRN's. Participants will be provided a broad overview of rehabilitation nursing standards of care and practice based upon the Rehabilitation Nursing Core Curriculum with tools and test taking strategies to successfully pass the CRRN exam.

# **Target Audience:**

Registered Nurses who work in Rehabilitation, Sub-Acute, SNF, and Home Health settings. Registered Nurses who plan to take the CRRN exam must meet eligibility requirements. The examination is offered in June and December, via a computerized delivery system.

For further information regarding eligibility, verification of rehabilitation nursing experience, and exam fees and deadlines- please visit:

www.rehabnurse.org/certification/
content/Exam- and Eligibility.html

BRN Credit: Provider approved by the California Board of Registered Nursing Provider #07495 for 15 contact hours

## **Program Learning Outcomes**

After completing this 2-day review course, participants will be able to:

- 1. Discuss nursing history, theory, and legislative processes that guide rehabilitation nursing practice.
- Discuss the role of the rehabilitation nurse in the care and treatment of patients across the continuum of care.
- 3. Describe disease processes that are commonly seen in the rehabilitation setting.
- Identify evidenced based nursing interventions for rehabilitation patients and families that will meet individual needs and promote positive patient outcomes.
- 5. Discuss test taking strategies and tools that can be utilized to prepare for the CRRN exam.

### **Faculty**

Lynda Jones MSN, RN, CRRN
Lynda has over 30 years of experience in rehabilitation and orthopedic nursing, working with both neurological and orthopedic rehabilitation inpatients and outpatients. She has coordinated and taught CRRN review courses since 1992 and has been an active member of ARN on both the national and local levels, since 1982. Currently, she works as a case manager for Kaiser, Northern California.

### **General Information**

**Registration: 2 Easy Ways to Register** Pre-registration by mail or online by March 17, 2017. A confirmation letter will be mailed upon receipt of payment.

#### **Pre-registration by mail to:**

Rancho Los Amigos NRC:

7601 E. Imperial Hwy. HB-149

Attention: Lynn Wetherwax, Nurse Manager.

Downey, California. 90242 **Pre-Registration On-line to:** 

http://www.ranchofoundation.org/news.html

#### **Course Fees: Group Registration\*** Postmarked on or before 2/17/17 \$275 **ARN Member** \$375 Non-ARN Member

\*Rate is available to groups of 3 or more from the same facility. All registration forms must arrive together or discount will not apply.

#### **Single Registration**

	On or before	After
	2/17/17	2/17/17
ARN Member	\$300	\$325
Non-ARN Member	\$400	\$425

Fees include: Light breakfast, lunch, refreshments, program materials and parking.

#### **Cancellation Policy:**

All cancellation must be made in writing. A \$75 processing fee will apply to all cancellations. No refunds will be made on cancellations postmarked after March 17, 2017.

The CRRN Exam Period is June 1-30th 2017 Application deadline is April 15, 2017

#### **Membership Information**

The Association of Rehabilitation Nurses promotes professional rehabilitation nursing practice. For membership information please go to LA/OC ARN website at: www.laocarn.org

# **Program Schedule**

#### Agenda:

Sign in begins at 7:30 am daily. Each day includes a one-hour lunch break, as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to the speaker preference.

#### Friday, March 31, 2017 - Day 1 (7:45 AM - 5:00 PM)

- Overview of Rehabilitation Nursing and **Legislative Framework**
- Nursing and Rehabilitation Theories
- Neuroanatomy
- Stroke and Other Neurological Disorders
- Speech and Language
- **Nutrition and Swallowing**
- Mobility, Trauma, and PTSD
- Pain, Sleep, Rest, Safety, and Skin
- Spinal Cord Injury
- Wrap-up / Q&A Session
- Adjourn

#### Saturday, April 1, 2017 - Day 2 (8:00AM - 4:30 PM)

- **Ethical and Moral Considerations**
- Traumatic Brain Injury
- **Gerontological Rehabilitation Nursing**
- **Pediatric Rehabilitation**
- **Pulmonary and Cardiac Diseases**
- Specific Disease Processes Requiring **Rehabilitation Interventions**
- Concepts of Bowel, Bladder, and Sexual **Functioning and Management**
- Psychological, Psychosocial and Cultural **Patterns and Nursing Interventions**
- **Environment of Care and Service Delivery**
- Case Management, Community Re-entry
- Study Methods and Test Taking Strategies
- Evaluation
- Adjourn

# **Program Coordinators**

- Lynn Wetherwax MSN, RN, CRRN, SCRN
- Deepa Kannampuzha MSN, RN, CRRN

#### **Directions Rancho Los Amigos National Rehabilitation Center**

From the 710 Freeway: Take Imperial Highway East exit. Follow Imperial Highway about 1 mile to Old River School road. Turn left. Enter Rancho Grounds and park in the Parking Structure on the left.\*

From the 605 Freeway: Take the 105 Freeway West to Paramount Blvd., exit, turn right, go to Imperial Highway, turn left, go to Old River School Road, turn right. Enter Rancho Grounds and park in the Parking Structure on the left.\*

From the 105 Freeway: Heading East: Take Garfield Ave exit, turn left, go to Imperial Highway, turn right, go to Old River School Road, turn left. Enter Rancho Grounds and park in the Parking Structure on the left.\*

**Heading West**: Take Paramount Blvd., exit, turn right, go to Imperial Highway, turn left, go to Old River School Road, turn right. Enter Rancho Grounds and Park in the Parking Structure on the left.\*

\*The SSA Building is accessible from level one of the parking structure.

# **Registration Form**

**CRRN Review Course** March 31 - April 1, 2017

### **CLICK HERE TO REGISTER online**

Or go to : www.ranchofoundation.org/news.html and search for CRRN Review Course

If registering by mail, please complete one form per person

Name:		
Last	First	Middle
Address:		 
City:		
Home Phone: ()		
Work Phone: ()		
Employer:		
E-Mail:		
RN/LVN License #:		
Other License #:		
ARN Membership #:		 
Amount Enclosed \$		

### Make check payable to:

**RLA Foundation - Nursing Education Fund** 

### **Mail Form and Payment to:**

Rancho Los Amigos NRC 7601 E. Imperial Hwy., NADM, Room 149 Attn: Lynn Wetherwax, Nurse Manager (562)385-6376